

# HEADINGLEY FRIDAY SUPPORT GROUP

(est.1987)

## NEWSLETTER Early Spring 2003 Edition



Welcome to the first edition of 2003. Planning events for the year is now underway. The destination for the Group's annual holiday has been decided by postal ballot with **Great Yarmouth** beating Belgium by 15 votes to 10. With this newsletter is a booking form so if you want to go, please return it with your deposit by the end of March.

### 2003 DIARY

#### DAY TRIPS



**Thursday, 1<sup>st</sup> May – Wigan Pier**  
**Friday, 30<sup>th</sup> May – York and Castle Howard**  
**Friday, 4<sup>th</sup> July – Blackpool**  
**Friday, 1<sup>st</sup> August – Bridlington**  
**Friday, 5<sup>th</sup> September – Chester Zoo**

Pick-up points for all day trips remain the same with exception of Yeadon which is no longer included. They are:-

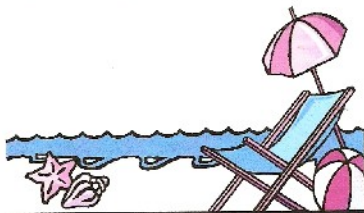
**9.40am – Top of Tinsill Lane.**

**9.45am – Either end of Queenswood Drive.**

**10am – Hyde Park Surgery, Woodsley Road, Leeds 6.**

### ANNUAL HOLIDAY GREAT YARMOUTH

Wednesday, the 17<sup>th</sup> of September to Sunday, the 21<sup>st</sup> of September, 2003. Cost approx £140 subject to a successful grant application.



Accommodation is at the New Beach Hotel which is opposite the Britannia Pier. Four nights bed, breakfast, and evening dinner are included in the price as are two coach excursions – one to Norwich and a boat trip on the Norfolk Broads.

### NEWS ITEMS

#### Annual General Meeting

The Group's AGM was held on the 31<sup>st</sup> of January. 23 members attended. As well as determining day trip venues and shortlisting possible holiday destinations, the Group decided to form a problem-solving committee which will make recommendations to members at a Friday Support Group meeting. The purpose of this sub-committee is to help resolve any difficulties that might arise for the Group. For instance, what happens if the 15 seater mini-bus turns up at the pick-up point and 20 members have turned up? Who gets a place on the bus?

#### High Royds Hospital

After over 100 years in existence, High Royds Hospital finally closed on the 26<sup>th</sup> of February. It has been replaced by the Mount Hospital in Hyde Terrace. The new facilities at

the Mount are excellent with spacious single rooms in single-sex wards. Initial comments are reported to have been "It's like a hotel!" For many members who have knowledge of High Royds, the new facilities have been long overdue and are befitting of 21<sup>st</sup> century mental health inpatient care. The creation of "service-user development posts" are also an excellent innovation and we wish every success to any HFSG members who might have applied for the 10 posts advertised by the Trust.

#### Fund Raising Ideas ?

Now High Royds has closed, there is limited space available in which to store items for the Group's jumble sales. We need to explore other options to raise money for Group funds. Any ideas? If so, please share them with Brenda, Carol, or Debbie.

#### Web site:

[www.headingleyfridaysupportgroup.org.uk](http://www.headingleyfridaysupportgroup.org.uk)

Unfortunately, we still haven't been able to go "on-line" yet as permission has not been obtained from every member appearing on the group photographs which we intend to publish on the website. You should however, be able to access the site in the next four weeks.

#### HFSG evening social activities ?

A number of members have expressed an interest in forming a social group to go out in an evening. Suggested activities include the theatre, cinema, ten-pin bowling, swimming, restaurant, etc. Please to talk to Carol, Momin, or Adam who hope to get this group running.

