

# HEADINGLEY FRIDAY SUPPORT GROUP

( est. 1987 )

[www.headingleyfridaysupportgroup.org.uk](http://www.headingleyfridaysupportgroup.org.uk)

## NEWSLETTER

EASTER 2009

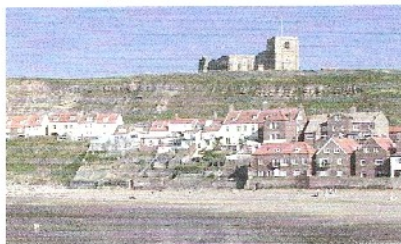
### WELCOME to the EASTER EDITION

We hope you have had a good Easter break. Special thoughts go to our members and their families who are not well at this time and wishes are sent for a speedy recovery.

### LOOKING FORWARD TO THE YEAR AHEAD DAY TRIPS

FRIDAY – 15<sup>th</sup> MAY 2009

### WHITBY



Usual pick-up points:-  
9.35am Top of Tinshill Lane.  
9.45am either end of Queenswood Drive.  
10am Hyde Park Surgery, Woodsley Road.

\* \* \* \* \*

FRIDAY – 12<sup>th</sup> JUNE 2009

### BEAMISH



FRIDAY – 10<sup>th</sup> JULY 2009  
YORKSHIRE DALES



\* \* \* \* \*

FRIDAY – 7<sup>th</sup> AUGUST 2009

### ST. ANNES



\* \* \* \* \*

FRIDAY – 4<sup>th</sup> SEPTEMBER  
2009

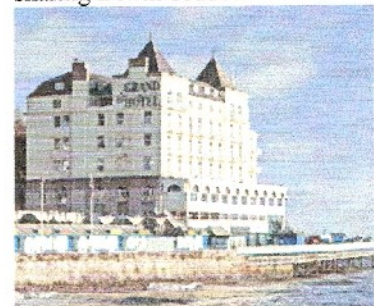
### YORK



For the York trip, we will be travelling there by train. All other day trips are on the mini bus and cost £5.

2009 ANNUAL HOLIDAY IS BOOKED TO LLANDUDNO for 5 DAYS from the 14<sup>th</sup> September

14 members have booked for the Group's annual holiday staying in the Grand Hotel in Llandudno. Bed, breakfast, and evening dinner are included. There may be availability if you are interested - please contact Andy. Cost is £189 sharing a twin bedded room.



The Grand Hotel Llandudno

Cabaret entertainment is provided in the hotel and there are two excursions to popular tourist attractions in North Wales.

### NEWS

HFSG has celebrated a number of members' birthdays at their regular Friday meetings. A pub teatime meal was enjoyed at the Vesper Gate on the 8<sup>th</sup> of April and a similar event is scheduled for Wednesday, the 27<sup>th</sup> of May. Meet at the Vesper Gate at 5pm. Andrea continues to foster good relationships with our American cousins in Chicago whilst Momin is often our ambassador in London.